

Monthly Air Quality Bulletin

March-2025



State Pollution Control Board, Odisha
April-2025

Health Effects of Air Pollution



WHO IS MORE AFFECTED



PEOPLE WITH CHRONIC LUNG/HEART DISEASE, DIABETES



SENIORS



CHILDREN



PREGNANT WOMEN



PEOPLE WHO EXERCISE OUTDOORS

SHORT TERM EFFECTS



HEADACHE



NOSE, THROAT, EYES INFLAMMATION



COUGHING, PAINFUL BREATHING



PNEUMONIA, BRONCHITIS



SKIN IRRITATION

LONG TERM EFFECTS



AFFECTS CENTRAL NERVOUS SYSTEM (HEADACHE, ANXIETY)



CARDIOVASCULAR DISEASES



RESPIRATORY DISEASES (ASTHMA, CANCER)



IMPACTS ON LIVER, SPLEEN, BLOOD



IMPACTS ON REPRODUCTIVE SYSTEM



HOW TO PROTECT YOURSELF



CHECK AIR QUALITY INDEX IN YOUR AREA



USE A FACE MASK



KEEP WINDOWS AND DOORS CLOSED



AVOID CONGESTED AREAS





Air Quality Index (AQI) Data Comparison

City: Angul

March-2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
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March-2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Air Quality Index (AQI) Data Comparison

City: Balasore

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10	11	12	13	14	15	16
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Air Quality Index (AQI) Data Comparison

City: Barbil

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Air Quality Index (AQI) Data Comparison

City: Baripada

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Air Quality Index (AQI) Data Comparison

City: Bhubaneswar

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Air Quality Index (AQI) Data Comparison

City: Beleipada

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March-2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Air Quality Index (AQI) Data Comparison

City: Brajrajnagar

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Air Quality Index (AQI) Data Comparison

City: Cuttack

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Air Quality Index (AQI) Data Comparison

City: Kalinga Nagar

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Air Quality Index (AQI) Data Comparison

City: Keonjhar

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
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3 NA	4 NA	5 NA	6	7	8	9
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16 NA	17 NA	18 NA	19 NA	20 NA	21 NA	22 NA
23 NA	24 NA	25 NA	26 NA	27 NA	28 NA	29 NA
30 NA	31 NA					





Air Quality Index (AQI) Data Comparison

City: Nayagarh (Keonjhar)

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Air Quality Index (AQI) Data Comparison

City: Rairangpur

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Air Quality Index (AQI) Data Comparison

City: Rourkela

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Air Quality Index (AQI) Data Comparison

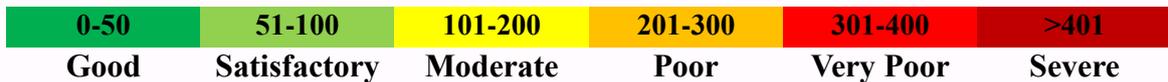
City: Suakati

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City: Talcher

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Air Quality Index (AQI) Data Comparison

City: Tensa

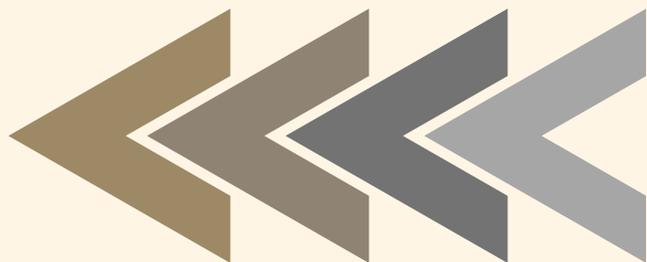
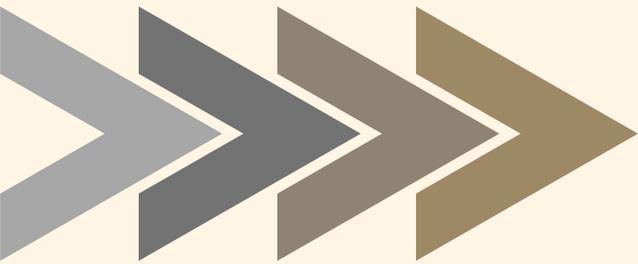
March-2024

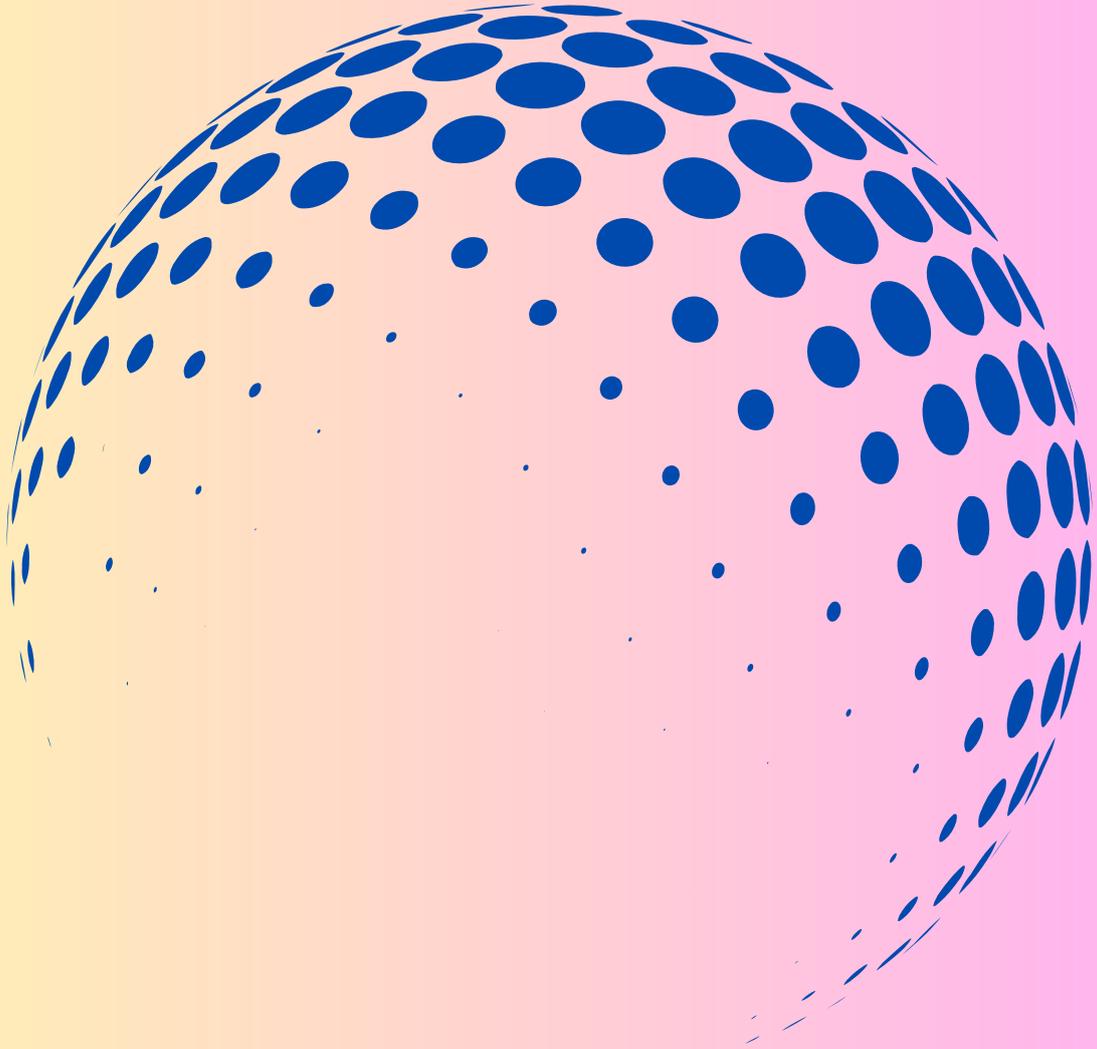
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